



# U6 to U12 Coaching Essentials

ZOOM SERIES



powered by





# House Keeping

- Turn your camera and microphone off so you don't get any bandwidth or background noise issues
- We will record the presentation and send you the link
- I will put link to our Zoom Series Coaches WhatsApp group - click link to join.
  - All presentations will be in there.
  - This is also where how we will communicate to each other throughout the season
- If you have a question put it in the Chat. You can send it just to me or to everyone.
  - We will then get to those throughout the night in the different segments and then at the end



# Agenda

- DNA
- Coaching Essentials
- Gameday Essentials
- Coaching Samples and Ideas
- Coach Education
- Questions

A night-time photograph of a soccer field. In the center, a group of players in yellow and white kits are lined up, some shaking hands with fans. The fans are wearing dark clothing with yellow accents. In the background, there are banners for 'ALPHA GEAR' and 'Proud Supporters of GFA and Swift FC'.

**NWSF DNA** 

**WHO WE ARE**



## Smart

## Skilful

## Athletic

## Ruthless

## Resilient

### Culture

Humble  
Respectful  
Focused  
Here for the right reasons

### Principles of Play

**Attacking**  
Penetration  
Width & depth  
Mobility

**Defending**  
Stop/delay  
Cover  
Balance and compress

### Core Behaviours

#### ATTACKING

##### Without the ball, attacking

- See player, see ball
- Get into line of pass
- Open body facing forward
- Get level and either side (off the shoulder) of the defender
- Try and receive beyond/behind the defender
- If you cannot get behind (with or without the ball) drop level to the line of the ball but not towards it (one lane away)

##### When receiving the ball:

- Receive with the inside of the foot as the dominant habit
- Move the ball with a good first touch out of tackling range

##### With the ball:

- Keep the ball central to your body and face the defender
- When under pressure and without options, run with the ball to space or to a teammate

##### Penalty box behaviours

- Get free
- See ball, see defender
- Attack the ball
- Attack the space
- See ball, see goal

#### DEFENDING

##### First Defender

- Stop or delay forward progress  
Shot/Assist/Forward Pass in that order
- Close the ball/player/space
- Press if we can win the ball within 4 seconds when the opposition:
  - receives the ball with back to goal
  - passes backwards within a block
  - passes sideways within a lane
  - takes a poor touch or we can win the ball
  - has at least one less player than us and their passing lanes are limited

##### Other Defenders

- Knock out lines of pass and support the first defender
- See ball see attacker
- Close the ball/attackers/space
- Stay balanced and keep your shape, where appropriate

##### Penalty box behaviours

- Stop them getting free
- See ball, see attacker
- Attack the ball
- See ball, see opposition goal

### Zone Rules

#### ATTACKING

- Must have a minimum of one player in each Lane across the field, except when the ball enters Block A within 4 seconds
- The closest centre back to the ball must be at least half a block back from the 6/8/2/5 if they have the ball
- When the ball enters the penalty box there must be the intent to get 4 in the box. 2 must be in the shot box when the ball enters it and 1 must be able to touch the GK when a shot comes in (4-2-1-0)

#### DEFENDING

- The whole team must be 3 lanes around the ball from each other within 4 seconds
- Team must be 1.5 blocks from most forward attacker to deepest defender, and 1 block when pressing
- We have one more player than the opposition when the ball enters our penalty box or shot box



*Scan constantly*

*Explode in transition*



# Our DNA is...

**Smart**

**Skillful**

**Athletic**

**Ruthless**

**Resilient**

This DNA is both **who we are** and **what we want to become**.

**High quality players/people who have the technical and decision making ability to play at the highest level in football/life**



# Culture

- Humble
- Respectful
- Focused
- Here for the right reasons



## DNA - Core Actions

### ATTACKING

#### Without the ball, attacking

- See player, see ball
- Get into line of pass
- Open body facing forward
- Get level and either side (off the shoulder) of the defender
- Try and receive beyond/behind the defender
- If you cannot get behind (with or without the ball) drop level to the line of the ball but not towards it (one lane away)

#### When receiving the ball:

- Receive with the inside of the foot as the dominant habit
- Move the ball with a good first touch out of tackling range

#### With the ball:

- Keep the ball central to your body and face the defender
- When under pressure and without options, run with the ball to space or to a teammate





## DNA - Core Actions

### DEFENDING

#### First Defender

- Stop or delay forward progress  
Shot/Assist/Forward Pass in that order
- Close the ball/player/space
- Press if we can win the ball within 4 seconds when the opposition:
  - receives the ball with back to goal
  - passes backwards within a block
  - passes sideways within a lane
  - takes a poor touch or we can win the ball
  - has at least one less player than us and their passing lanes are limited

# Training and Gameday Essentials





# Coaching Skill Training - your role

- You are a role model, be your best self
- Be enthusiastic, friendly, respectful, encouraging, patient, relaxed, humorous, humble
- The Game is the focus, let it be the teacher
- Coach is the facilitator
- Be organised, prepare well
- It's about enjoyment and not winning – particularly as you reach 11v11
- Engage opposition coach – talk about your expectations
- Know your players – can help you to motivate them
- Review your sessions – how can I do better?

# SOCHANGEIT

- S - Safety- ensure all of your players safety, prevention is better than the cure
- O - Organisation - limited time, use it well
- C- Coaching Style - maintaining interest and creating a fun
- H - How to score/win - add extra goals, more success higher enjoyment
- A - Area - change the area to make the game easier or harder
- N - Numbers - multiple exercises/games/lines - more involvement
- G - Game rules - change the rules to increase success
- E - Equipment - add a goal or multiple balls
- I - Inclusion - be sure all players are involved
- T - Time - use time to increase the urgency of the activity.



# Group Management

- Clearly Define the area
- Avoid long Lines
- Organised Chaos is good
- No elimination games
- The game is the teacher
- Small sided games to increase repetition
- Get the players going quickly then modify the exercise depending on how they are going.



# Miniroos Course structure (U6-8)

- Beginning
- Middle
- End

Fun introductory program with defined activities



# Skill Training Course structure (U9 - 12)

- Skill Introduction - warm up to introduce the core skill for the session.
- Skill Training - conscious teaching of the skill.
- Skill Game – game focusing on the core skill. Coach to observe.

## Core skills

- First Touch
- Striking the ball
- Running with the ball
- 1 v 1
- Keeper



# Game Rules

## U6 and 7s

- All play 20 minute halves, 5 for half time
- use a size 3 ball
- No off-side
- Match results and competition tables are not be published
- Where possible, play against nearby teams (zones Central, South and North)

## U8 & 9s

- Play 20 minute halves, 5 for half time
- use a size 3 ball
- No off-side
- Where possible, play against nearby teams (zones Central, South and North)





# Game Rules

## U8 & 9 (cont)

- 7v7
- Approx 50x35, 3x2m goals
- Have keepers and so a penalty area where keeper can handle
- Rotate or share keeper role
- Keepers must throw or pass from the ground within 6 seconds.
- That is, they can't punt or drop kick
- Opponents 10m away, same for a goal kick
- Throw-ins but can't score directly,
- Opponents are 5m away and can't throw to themselves
- Corner kicks opponents 5m away
- Can score directly from a corner
- Can have a penalty from 8m. All others besides the keeper 5m behind



# Game Rules

## U10 & 11s

- 9v9, 5 subs max
- Approx 70x45 with - 5x2m goals
- Penalty area 20x10
- Size 4 ball
- 25 minutes per half, 5 for half time
- Goals can be scored from an off-side position
- Game leaders to direct players standing off-side to move on-side
- **Indirect** free kick for all fouls, hand balls & misconduct.
- Opponents 5m back



# Game Rules

## Common to U9 to 11

- Players must wear shin pads
- Substitutes at any time at half way. Player off first
- Engage parents to assist with subs – engagement & understanding
- Have keepers and so a penalty area where keeper can handle
- Rotate or share keeper role
- Keepers must throw or pass from the ground within 6 seconds.
- That is, they can't punt or drop kick
- Opponents 10m away, same for a goal kick



# Game Rules

## Common to U9 to 11 (conti)

- Can't score direct from a throw-in, kick-off or goal kick
- Opponents are 5m away from throw-ins and can't throw to themselves
- Corner kicks opponents 5m away
- Can score directly from a corner
- For serious fouls & misconduct in the penalty are, a penalty from 8m.
- All others besides the keeper 5m behind the ball
- Match results recorded for grading purposes but no results or tables published



# Game Rules

## U12s

- Full field
- 11v11
- Standard rules



# Resources

- <https://www.playfootball.com.au/coach/community-pathway>
- NWSF.com.au  
Competitions>Competition Rules>Small Sided Games>Miniroos Playing Rules and Format

# Session Thoughts





## Session 1 - 16/3/21 / Core actions: receiving the ball

*Keep the ball central and out of tackling range, move the ball with a good first touch, receive mostly with the inside of the foot, open body facing forward*

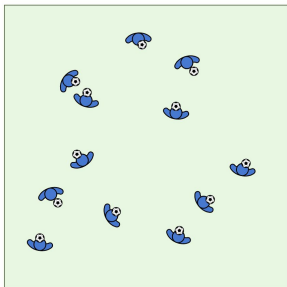
### GLUE DRIBBLING

#### START & ORGANISATION

- All players inside marked area with a ball
- On coaches call, players dribble around area with a ball
- Encourage players to use both feet & different parts of feet:
  - Inside of foot
  - Outside of foot
  - Dominant foot
  - Non dominant foot
  - Anything

#### PROGRESSIONS

- Glue dribble
  - Encourage players to avoid opponents while dribbling (scan constantly)
- Glue dribble plus do long touches when in space
  - Then do long touches change in space
- Practice skill moves (pull back, pull and push behind foot, step over)
- Encourage players to complete their favourite skill moves



Total equipment for session:

- 20 balls
- 4 sets of 7 bibs
- 30 cones
- 4 goals preferably 7v7 goals or 9v9 goals

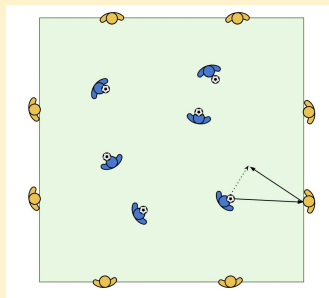
### HALF IN/HALF OUT

#### START & ORGANISATION

- Half of group inside marked area with a ball, other half spread evenly on outside
- Players on inside pass to outside player and receive a return pass with open body, before finding another free player
- Swap inside & outside player roles every 2 minutes

#### PROGRESSIONS

- When receiving pass from outside, must touch forward with the ball into space
- Players on outside must play passes one-touch
- After passing to a player on the outside, another player must receive



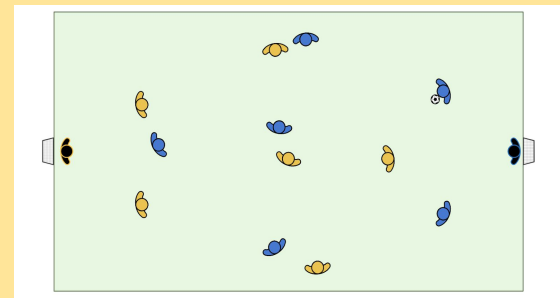
### MEDIUM SIZED GAME

#### START & ORGANISATION

- Even numbered teams with two medium sized goals (approximately 5v5 or 7v7 size goals)
- Play with normal rules (throw-ins, offsides)
- If more than 14 players make 2 fields of 4v4 or 5v5ish

#### FOCUS

- Link in core actions from previous exercises







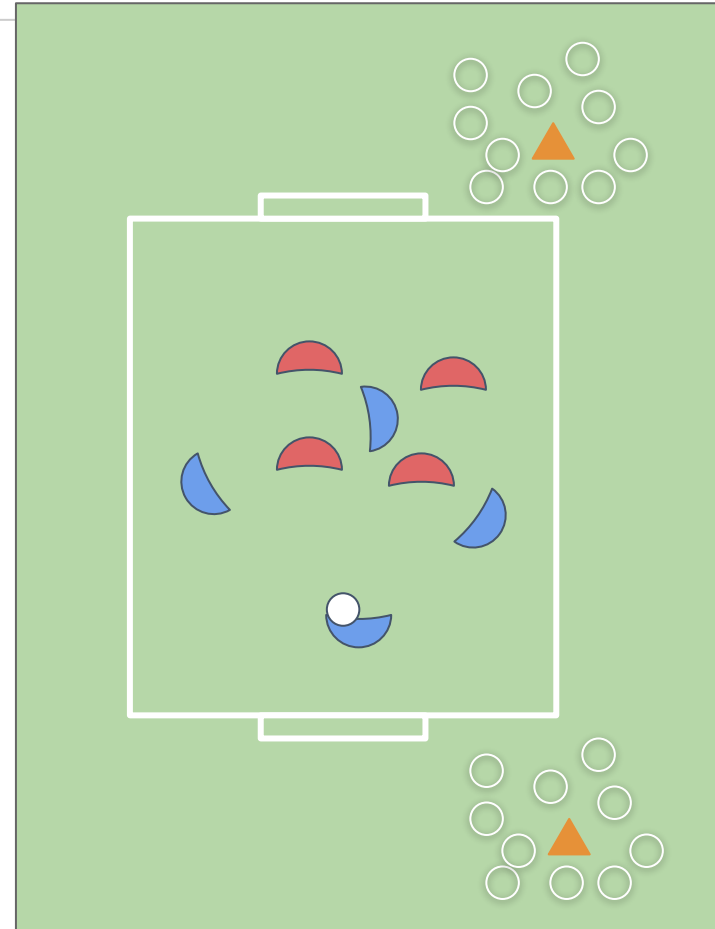
# Week 1

| Monday  | Wednesday   | Friday   |
|---|---|--|
| <p><b>Objective/Task:</b></p> <ul style="list-style-type: none"> <li>Attacking - Without the ball</li> </ul> <p><b>Skills</b></p> <ul style="list-style-type: none"> <li>First touch and scanning</li> <li>Hero - Kevin de Bruyne, Chloe Logarzo</li> </ul> <p><b>Pre session</b></p> <ul style="list-style-type: none"> <li>Rondos</li> </ul> <p><b>Session Progression (Games)</b></p> <ul style="list-style-type: none"> <li>Game               <ul style="list-style-type: none"> <li>5 v 5</li> <li>Extra players on the outside</li> <li>1/8 field</li> <li>8mins/2min rest</li> </ul> </li> <li>Intervention (if required)               <ul style="list-style-type: none"> <li><a href="#">2 v 2 (+2) or 3 v 3 (+2)</a></li> <li>1/16 field</li> <li>3mins/1min rest</li> </ul> </li> </ul> <p><b>Constraints (reward/restrict/relate)</b></p> <ul style="list-style-type: none"> <li>Can only score when your team has received 2 passes in a line pass</li> </ul> <p><b>Performance Psychology / Competitive Moments:</b></p> <ul style="list-style-type: none"> <li><a href="#">Single field scoreboard</a></li> </ul> | <p><b>Objective/Task:</b></p> <ul style="list-style-type: none"> <li>Defending - first defender</li> </ul> <p><b>Skills</b></p> <ul style="list-style-type: none"> <li>Closing space/players, tackling &amp; intercepting, change of pace</li> <li>Hero - Sadio Mane, Hayley Raso</li> </ul> <p><b>Pre session</b></p> <ul style="list-style-type: none"> <li>Heading in pairs</li> </ul> <p><b>Session Progression (Games)</b></p> <ul style="list-style-type: none"> <li>Game               <ul style="list-style-type: none"> <li><a href="#">3v2 Defending Game</a></li> <li>1/8 field</li> <li>6mins/2min rest</li> </ul> </li> <li>Intervention               <ul style="list-style-type: none"> <li><a href="#">2v1 Defending Game</a></li> <li>1/16</li> <li>6mins/2min rest</li> </ul> </li> </ul> <p><b>Constraints (reward/restrict/relate)</b></p> <ul style="list-style-type: none"> <li>Extra point for defending team if the attacking team doesn't shoot within 10 seconds</li> </ul> <p><b>Performance Psychology / Competitive Moments:</b></p> <ul style="list-style-type: none"> <li>If the defending team win the ball they must try to play the forward pass within 3 seconds</li> </ul> <p><b>Goalkeeper</b></p> <ul style="list-style-type: none"> <li>Focus on communication with defenders for when to close/delay/press</li> </ul> | <p><b>Objective/Task:</b></p> <ul style="list-style-type: none"> <li>Defending - First defender</li> </ul> <p><b>Skills</b></p> <ul style="list-style-type: none"> <li>1 v 1 defending</li> <li>Hero - Trent Alexander-Arnold</li> </ul> <p><b>Pre session</b></p> <ul style="list-style-type: none"> <li>Rondos</li> </ul> <p><b>Session Progression (Games)</b></p> <ul style="list-style-type: none"> <li>Game               <ul style="list-style-type: none"> <li>1 v 1</li> <li>10m by 15m wide</li> <li>1mins/1min rest</li> <li>If the ball goes out the ball starts with it at their goal</li> </ul> </li> <li>Intervention (if required)               <ul style="list-style-type: none"> <li><a href="#">1 v 1 defending</a></li> </ul> </li> <li>Game - back to games</li> </ul> <p><b>Constraints (reward/restrict/relate)</b></p> <ul style="list-style-type: none"> <li>Can only score in the opposition half</li> </ul> <p><b>Performance Psychology / Competitive Moments:</b></p> <ul style="list-style-type: none"> <li>Get players to count how many wins they get</li> <li>See who has the most at the end</li> </ul> |

## Single-field scoreboard

### Organisation

- Blues v reds
- Behind each of the team goal lines is a traffic cone, which is surrounded by smaller cones
- After each goal, one player from the scoring team must run to the pole and 'add' a smaller cone to the traffic cone
  - Have ~10-12 smaller cones
- Once all the cones have been placed on the traffic cone that team is the winner

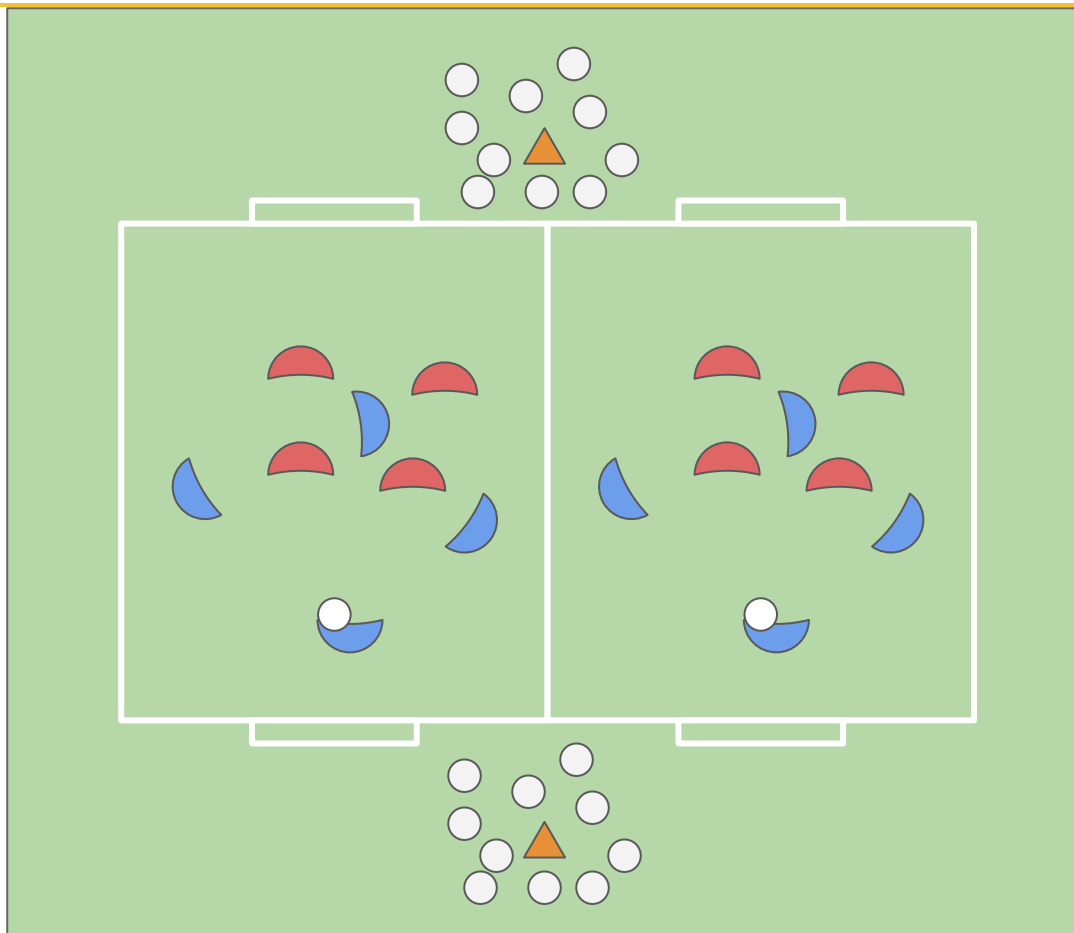




# Multi-game scoreboard

## Organisation

- Two games going at same time
- Blues v reds
- Behind each of the team goal lines is a traffic cone, which is surrounded by smaller cones
- After each goal, one player from the scoring team must run to the pole and 'add' a smaller cone to the traffic cone
  - Have ~10-12 smaller cones
- Once all the cones have been placed on the traffic cone that team is the winner





# What App Group

- Click the link in the chat to join the whats app group
- Everyone on that will get the presentations and the link to the recorded presentations



# NWSF Academy

- We will scout the majority of the U8 to U16 teams
- Trials in April
- Starts May
- Best practice development environment
- Details will be put in whats app



# Compulsory Coach Education

## What is it?

Making coach education compulsory for appropriate coaching development levels and age groups. In 2021:

- U6 to U8 coaches certified with a miniroos certificate
- Super League and Premier League coaches certified with a Senior Certificate (or C License)
- Both male and female team coaches

## Next year?

- U9 to U12
- Youth League
- AA1

## Why?

- To increase the quality of our player's football experience. This is the number one reason why people choose to stay/leave our game
- To increase the quality of our coaching, this is the core driver for the football experience and the number 2 reason why people stay/ leave
- To increase the quality of development of our players in our sport
- To increase the enjoyment levels and longevity of those in coaching positions
- To decrease the need for time spent on getting coaches to coaching courses from both clubs and associations
- To engage high-level young players in our Premier League and Super League competitions.



# Compulsory Coach Education

## Miniros Certificates (U6 to U8 Coaches)

| What                                 | How to Register   | Starting Date          | Time             | Location                    |
|--------------------------------------|---|------------------------|------------------|-----------------------------|
| Miniros Certificate - North Zone     | <a href="https://education-ffa.sportingpulse.com/Entry/?EID=23188">https://education-ffa.sportingpulse.com/Entry/?EID=23188</a> | Monday, March 29, 2021 | 6.30pm to 9.30pm | View St, West Pennant Hills |
| Miniros Certificate East Zone        | <a href="https://education-ffa.sportingpulse.com/Entry/?EID=23193">https://education-ffa.sportingpulse.com/Entry/?EID=23193</a> | Monday, April 19, 2021 | 6.30pm to 9.30pm | Christie Park               |
| Miniros Certificate - West Zone      | <a href="https://education-ffa.sportingpulse.com/Entry/?EID=23186">https://education-ffa.sportingpulse.com/Entry/?EID=23186</a> | Monday, May 10, 2021   | 6.30pm to 9.30pm | Harold West Oval            |
| Miniros Certificate - South Zone     | <a href="https://education-ffa.sportingpulse.com/Entry/?EID=23192">https://education-ffa.sportingpulse.com/Entry/?EID=23192</a> | Monday, May 17, 2021   | 6.30pm to 9.30pm | Meadowbank Oval             |
| Miniros Certificate - Far North Zone | <a href="https://education-ffa.sportingpulse.com/Entry/?EID=23191">https://education-ffa.sportingpulse.com/Entry/?EID=23191</a> | Monday, May 24, 2021   | 6.30pm to 9.30pm | Hayes Park                  |

## Senior Certificate (Super League and Premier League Coaches)

| What                           | How to Register   | Starting Date          | Time                                   | Location      |
|--------------------------------|---|------------------------|--|---------------|
| Senior/Performance Certificate | <a href="https://education-ffa.sportingpulse.com/Entry/?EID=23187">https://education-ffa.sportingpulse.com/Entry/?EID=23187</a> | Sunday, March 28, 2021 | Sunday March 28 and May 2 - 5pm to 9pm | Christie Park |



# NWSF COACH EDUCATION 2021

|  |  |   |                        |                  |                  |
|--|--|---|------------------------|------------------|------------------|
| Skill Training Super Centre - Night 1                | The course all U9 to U12 coaches should attend. It is delivered by the best NWSF and FNSW presentors with the NWSF Spirit coaches in a fun dynamic format. Develops in coaches the ability to coach the four core skills that allow players to love the game.  | <a href="https://education-ffa.sportingpulse.com/Entry/?EID=23194">https://education-ffa.sportingpulse.com/Entry/?EID=23194</a> | Monday, April 26, 2021 | 6.30pm to 9.30pm | West Epping Oval |
| Skill Training Super Centre - Night 2                |  | See Night 1 link  | Monday, May 03, 2021   | 6.30pm to 9.30pm | West Epping Oval |
| Female Coaches Only! - A Mentoring Zoom Presentation | Our top female Koalas FC coaches will take you through insights in coaching and ways we can support you this season.   | <a href="https://us02web.zoom.us/j/84240275356">https://us02web.zoom.us/j/84240275356</a>                                       | Sunday, May 02, 2021   | 6pm to 7pm       | ZOOM             |
| Coaching Female Players - Zoom Presentation          | Our panel of experts from Koalas FC will share incites into coaching female players and how to engage them in your sessions and during gameday.  | <a href="https://us02web.zoom.us/j/88493656825">https://us02web.zoom.us/j/88493656825</a>                                       | Monday, April 19, 2021 | 7pm to 8pm       | ZOOM             |
| Creating a high performance athlete and person       | We will take you through how to give your child the best chance to become the best athlete they can be but also become successful in the other parts of their life. Join our panel of experts to go through this important topic for modern children and athletes. Includes a FRONT OF MIND PRESENTATION from Youthsafe! | <a href="https://us02web.zoom.us/j/83962860035">https://us02web.zoom.us/j/83962860035</a>                                       | Monday, June 07, 2021  | 7pm to 8pm       | ZOOM             |
| Coaching Apprentiships Nominations Due               | Your club can nominate coaches to come and be apprentices at the renowned NWSF Academy. Coaches (young or old) who do this take their coaching to another level by working with our NWSF Spirit and Koalas FC Coaches. The commitment is as much as they have time to commit and only operates on a Monday.              | <a href="https://form.jotform.com/210335720031842">https://form.jotform.com/210335720031842</a>                                 | Friday, April 09, 2021 | NA               | NA               |





## NWSF COACH EDUCATION 2021

|  |  |   |                            |  |                              |
|--|--|---|----------------------------|--|------------------------------|
| Club GK Program - West Zone - Night 1  | Run by NWSF Spirit and Koalas FC Coaches and Players - GK Players get free training in these sessions and coaches get inserviced on Coaching GK's. Include girls only groups.  | <a href="https://form.jotform.com/210335765272858">https://form.jotform.com/210335765272858</a> | Friday, April 16, 2021     | 5pm to 6pm (U8-U12) and 6.15pm to 7.15pm (U13-Snr) | Harold West Oval             |
| Club GK Program - North Zone - Night 1   | Run by NWSF Spirit and Koalas FC Coaches and Players - GK Players get free training in these sessions and coaches get inserviced on Coaching GK's. Include girls only groups.  | <a href="https://form.jotform.com/210336169264858">https://form.jotform.com/210336169264858</a> | Friday, March 26, 2021     | 5pm to 6pm (U8-U12) and 6.15pm to 7.15pm (U13-Snr) | View St - West Pennant Hills |
| Club GK Program - East Zone - Night 1  | Run by NWSF Spirit and Koalas FC Coaches and Players - GK Players get free training in these sessions and coaches get inserviced on Coaching GK's. Include girls only groups.  | <a href="https://form.jotform.com/210336312778858">https://form.jotform.com/210336312778858</a> | Friday, April 30, 2021     | 5pm to 6pm (U8-U12) and 6pm to 7pm (U13-Snr)       | Christie Park                |
| A Night with Kelly Cross (Sydney FC - Head of Academy and former ATD for Australia) - Zoom   | Kelly Cross is the Current Sydney FC Head of Academy's. He was also the Head of Advanced Coaching and wrote a lot of the manuals we now present across the country. He will take you through Youth Development including his work with FIFA Youth task force. This event is brought to you by NWSF Spirit/Koalas FC and Sydney FC. | <a href="https://us02web.zoom.us/j/89746509284">https://us02web.zoom.us/j/89746509284</a>       | Monday, May 31, 2021       | 7pm to 8pm   | ZOOM                         |
| A Night with Ian Crook - Ian Crook is Western Sydney Wanderers FC Academy Director and former Tottenham Player and Sydney FC Coach - | Ian Crook will talk to coaches and DOC's about their new state of the art venue and everything he has learnt since starting at the role 7 years ago. Proudly brought to you by GHFA Spirit and Koalas FC.  | <a href="https://us02web.zoom.us/j/84607349598">https://us02web.zoom.us/j/84607349598</a>       | Monday, May 17, 2021       | 7pm to 8pm   | ZOOM                         |
| C License (Dates TBA - weekends)   | NWSF will be hosting a C License. This is the first professional level license designed by FFA.  | Details to be sent out later.   | Saturday, October 02, 2021 | 9am to 4pm   | Christie Park 1              |



## NWSF COACH EDUCATION 2021

|  |  |   |                            |  |                              |
|--|--|---|----------------------------|--|------------------------------|
| Club GK Program - West Zone - Night 1  | Run by NWSF Spirit and Koalas FC Coaches and Players - GK Players get free training in these sessions and coaches get inserviced on Coaching GK's. Include girls only groups.  | <a href="https://form.jotform.com/210335765272858">https://form.jotform.com/210335765272858</a> | Friday, April 16, 2021     | 5pm to 6pm (U8-U12) and 6.15pm to 7.15pm (U13-Snr) | Harold West Oval             |
| Club GK Program - North Zone - Night 1   | Run by NWSF Spirit and Koalas FC Coaches and Players - GK Players get free training in these sessions and coaches get inserviced on Coaching GK's. Include girls only groups.  | <a href="https://form.jotform.com/210336169264858">https://form.jotform.com/210336169264858</a> | Friday, March 26, 2021     | 5pm to 6pm (U8-U12) and 6.15pm to 7.15pm (U13-Snr) | View St - West Pennant Hills |
| Club GK Program - East Zone - Night 1  | Run by NWSF Spirit and Koalas FC Coaches and Players - GK Players get free training in these sessions and coaches get inserviced on Coaching GK's. Include girls only groups.  | <a href="https://form.jotform.com/210336312778858">https://form.jotform.com/210336312778858</a> | Friday, April 30, 2021     | 5pm to 6pm (U8-U12) and 6pm to 7pm (U13-Snr)       | Christie Park                |
| A Night with Kelly Cross (Sydney FC - Head of Academy and former ATD for Australia) - Zoom   | Kelly Cross is the Current Sydney FC Head of Academy's. He was also the Head of Advanced Coaching and wrote a lot of the manuals we now present across the country. He will take you through Youth Development including his work with FIFA Youth task force. This event is brought to you by NWSF Spirit/Koalas FC and Sydney FC. | <a href="https://us02web.zoom.us/j/89746509284">https://us02web.zoom.us/j/89746509284</a>       | Monday, May 31, 2021       | 7pm to 8pm   | ZOOM                         |
| A Night with Ian Crook - Ian Crook is Western Sydney Wanderers FC Academy Director and former Tottenham Player and Sydney FC Coach - | Ian Crook will talk to coaches and DOC's about their new state of the art venue and everything he has learnt since starting at the role 7 years ago. Proudly brought to you by GHFA Spirit and Koalas FC.  | <a href="https://us02web.zoom.us/j/84607349598">https://us02web.zoom.us/j/84607349598</a>       | Monday, May 17, 2021       | 7pm to 8pm   | ZOOM                         |
| C License (Dates TBA - weekends)   | NWSF will be hosting a C License. This is the first professional level license designed by FFA.  | Details to be sent out later.   | Saturday, October 02, 2021 | 9am to 4pm   | Christie Park 1              |



## NWSF As One - A female football initiative

### One Association - Two Representative Clubs - One Family

- NWSF - One Academy
  - A best in practice academy for female players to support local players striving to play for the Matildas and in a World Cup
  - Run by NWS Koalas FC
- NWSF - Advanced Female Coach Program - C License
  - Funding for 5/10 C Licenses in local clubs for aspiring female coaches who want to add to the development of our association and clubs
- NWSF - Zoom Series
  - Coaching Females
    - A session with some of the best names in female development on the differences with tips on how best to coach females in football
    - Leigh Wardell, Briane Dene etc.
  - Female Coaches Only
    - How to thrive when coaching football
    - Leigh Wardell, etc.
- NWSF - Female Coach Mentoring Program
  - Local club female coaches can join the Academy with another Academy Coach to develop their coaching understanding



## NWSF As One - A female football initiative

- NWSF - Female Coach Apprenticeship Program
  - All Koalas FC players will be qualified as coaches
  - Selected players will also be developed as coaches in the Academy
- NWSF - Inclusivity Cup
  - NWS Spirit/Koalas FC players will be mixed and play against other representative teams along with our Pararoos to support inclusivity in sport
- NWSF - Future Female Pararoos development program
  - After the success of our Future Pararoos program we will bring local female footballers into develop their football pathway dreams
- NWSF - Pink Program
  - Female weekly disability program



# QUESTIONS

# Thanks!

